

aethereo®

ESSENTIAL OILS

Superlative science-based products to enhance compassionate care.

- ✓ Aethereo® essential oils and extracts are produced with the highest standards of purity and ecological responsibility.
- ✓ Our international reputation for knowledge and products is founded upon decades of work in the research and development of essential oils.
- ✓ Aethereo® formulations support the right use of essential oils to assist the body's natural ability to balance, heal, and maintain wellness.
- ✓ Our guiding principle: **LESS IS MORE** when using these precious plant oils.



In seeking the best essential oils, you will encounter a wide range of prices and variations in quality. Our companies have invested decades into the research and development of essential oils. We offer the highest possible level of knowledge and experience based on continuous work and success in every facet of the global essential oil industry. Our technical expertise and service offerings include analyses by Gas Chromatography/Mass Spectrometry, as well as a full range of physical analyses in our Australian company's laboratories.

Aethereo essential oils are planted, grown, and harvested in sound, sustainable environmental conditions, either in plantations as a renewable resource, or from natural stands grown under ecological management on private lands. Aethereo essential oils are produced using exacting distillation methods, with meticulous attention to all phases of production, processing, and packaging, resulting in a dependable, consistent top quality product.



Home of Aethereo® Essential Oils and Massage Oils, Rain Bath Mineral Salts, Aethereo®Sticks, Aethereo®Everywhere and H2EO® Diffusers.

✓ **Plant Extracts International Inc.**

Minneapolis, Minnesota USA | www.plantextractsinc.com | info@plantextractsinc.com

Aethereo® Essential Oils and Essential Oil Blends

ESSENTIAL OIL/BLEND	BOTANICAL NAME/BLEND INGREDIENTS	Plant Part	Stock#	7.5 ml
Anise	<i>Pimpinella anisum</i>	Seed	966	\$12.64
Aniseed Myrtle	<i>Syzygium anisatum</i>	Leaf	415	13.66
Bergamot	<i>Citrus bergamia</i> (bergapten-free)	Peel	669	12.15
Black Pepper	<i>Piper nigrum</i>	Seed	515	14.11
Blue Cypress	<i>Callitris intratropica</i>	Wood	019	29.69
Blue Gum Eucalyptus	<i>Eucalyptus globulus</i>	Leaf	214	11.08
Cistus	<i>Cistus ladanifer</i>	Resin	310	35.78
Clary Sage	<i>Salvia sclarea</i>	Leaf	461	14.34
Clove	<i>Eugenia caryophyllata</i>	Bud	631	15.15
Copaiba	<i>Copaifera officinalis</i> (15 ml - Stock # 495 - \$14.53)	Resin	488	8.67
Eucalyptus radiata	<i>Eucalyptus radiata</i> var. <i>australiana</i>	Leaf	412	12.08
Frankincense	<i>Boswellia carterii</i>	Resin	780	29.01
Ginger	<i>Zingiber officinalis</i> (rhizome)	Root	768	17.39
Grapefruit	<i>Citrus paradisi</i>	Peel	889	12.66
Helichrysum	<i>Helichrysum italicum</i>	Flower	266	137.00
Hyssop	<i>Hyssop officinalis</i>	Aerial Parts	846	23.78
Lavender	<i>Lavandula angustifolia</i>	Aerial Parts	617	14.41
Lemon	<i>Citrus limon</i>	Peel	457	10.62
Lemon Eucalyptus	<i>Eucalyptus citriodora</i>	Leaf	811	9.89
Lemon Ironbark	<i>Eucalyptus staigeriana</i>	Leaf	016	12.43
Lemon Myrtle	<i>Backhousia citriodora</i>	Leaf	613	13.43
Lemon Tea Tree	<i>Leptospermum petersonii</i>	Leaf	610	10.59
Mandarin	<i>Citrus reticulata</i>	Peel	728	11.87
Marjoram	<i>Origanum majorana</i>	Leaf	911	12.23
Myrrh	<i>Commiphora myrrha</i>	Resin	087	33.35
Nerolina	<i>Melaleuca quinquenervia</i> -chemotype LN	Leaf	419	11.17
Niaouli	<i>Melaleuca quinquenervia</i> -chemotype C	Leaf	211	10.32
Patchouli	<i>Pogostemon cablin</i>	Leaf	259	19.39
Peppermint	<i>Mentha x piperita</i>	Leaf	815	9.95
Ravensara	<i>Agathophyllum aromatica</i>	Leaf	161	17.48
Roman Chamomile	<i>Chamæmelum nobile</i>	Flower	834	42.92
Rosalina	<i>Melaleuca ericifolia</i>	Leaf	013	11.59
Rose Absolute	<i>Rosa damascena</i> (5 ml - Stock # 116 - \$86.45)	Flower	(2 ml) 109	(2 ml) 34.58
Rose Geranium	<i>Pelargonium graveolens</i>	Leaf	713	12.70
Rosemary-C	<i>Rosmarinus officinalis</i> -cineole chemotype	Leaf	317	11.30
Rosemary-V	<i>Rosmarinus officinalis</i> -verbenone chemotype	Leaf	362	18.65
Spearmint	<i>Mentha spicata</i>	Leaf	010	9.95
Sweet Basil	<i>Ocimum basilicum</i>	Leaf	679	14.07
Sweet Fennel	<i>Foeniculum vulgare</i> Mill. var. <i>dulce</i>	Seed	655	10.34
Sweet Orange	<i>Citrus sinensis</i>	Peel	867	9.16
Tea Tree Premium Select	<i>Melaleuca alternifolia</i>	Leaf	818	9.25
Thyme	<i>Thymus vulgaris</i>	Leaf	693	15.28
Vetiver	<i>Vetiveria zizanioides</i>	Root	062	25.43
White Cypress	<i>Callitris glaucophylla</i>	Wood	217	17.14
Ylang ylang	<i>Cananga odorata</i>	Flower	303	16.15
Ache-Ease Blend - An essential oil blend of Marjoram, <i>Melaleuca</i> species, Copaiba, Frankincense, Peppermint, Black Pepper, Ginger, Roman Chamomile, and Helichrysum		Combination	444	28.02
Appetite Blend - An essential oil blend of essential oils of Fennel, Cinnamon, Caraway, Basil, and Lime		Combination	574	15.33
BlueMel Blend - An essential oil blend of Blue Cypress and <i>Melaleuca</i> species		Combination	212	15.81
Calm Blend - An essential oil blend of Blue Cypress, Frankincense, Lavender, and <i>Melaleuca</i> species		Combination	377	21.91
Citrus Melablend® - An essential oil blend of Citrus and <i>Melaleuca</i> species		Combination	315	12.64
Ginger Melablend® - An essential oil blend of Ginger, <i>Melaleuca</i> species, Peppermint, Spearmint, and Anise		Combination	667	16.88
Itch-Ease - An essential oil blend of Nerolidol, α -Bisabolol, Copaiba, German Chamomile, and Roman Chamomile		Combination	581	20.14
Lavender BlueMel Blend - An essential oil blend of Blue Cypress, <i>Melaleuca</i> species, and Lavender		Combination	564	16.54
Melablend® - An essential oil blend of <i>Melaleuca</i> species		Combination	410	12.23
Niaouli Melablend® - An essential oil blend of <i>Melaleuca</i> species including Niaouli		Combination	519	12.79
Northwoods Blend - An essential oil blend of Black Spruce, Balsam Fir, Vetiver, White Cypress, and <i>Melaleuca</i> species		Combination	049	19.35
Rosalina BlueMel Blend - An essential oil blend of Blue Cypress and <i>Melaleuca</i> species including Rosalina		Combination	618	16.39
Therabreathe® Blend - An essential oil blend of <i>Melaleuca</i> species including Niaouli, and Rosemary-C		Combination	529	18.45
Tum-Ease Blend - An essential oil blend of essential oils of Ginger, Lime, Lemon, Anise, <i>Melaleuca</i> species, Peppermint, and Spearmint		Combination	482	13.83
VetiRose - An essential oil blend of <i>Melaleuca</i> species, Blue Cypress, Vetiver, and Rose		Combination	261	19.00

Aethereo® Sticks provide the ultimate in personal, private diffusion.

Carry in pocket or purse to enjoy aromatherapeutic benefits wherever you are.

Capped until used, the essential oil is inhaled from within a few inches, so very little aroma is lost to the atmosphere.



AethereoSticks can be enjoyed for several months or more, making them extremely cost-effective to use.

Both user and caregiver appreciate how empowering it is to have control over when, for how long, and how frequently they are used. It's easy to alternate or switch between different AethereoSticks for various needs. Even when in active use, they benefit only the user and do not affect others in the room, providing the ultimate in personal, private diffusion.

ESSENTIAL OIL SINGLES	Stock#	Each	ESSENTIAL OIL BLENDS	Stock#	Each
Copaiba AethereoStick	518	\$5.95	Ache-Ease AethereoStick	468	\$5.95
Frankincense AethereoStick	810	5.95	Appetite AethereoStick	567	5.95
Ginger AethereoStick	782	5.95	Breathe AethereoStick	540	5.95
Lavender AethereoStick	642	5.95	Calm AethereoStick	384	5.95
Mandarin AethereoStick	742	5.95	Citrus AethereoStick	483	5.95
Marjoram AethereoStick	935	5.95	De-Habit AethereoStick	117	5.95
Myrrh AethereoStick	100	5.95	Earth AethereoStick	051	5.95
Peppermint AethereoStick	840	5.95	Northwoods AethereoStick	063	5.95
Roman Chamomile AethereoStick	766	5.95	Peace AethereoStick	595	5.95
Rose Absolute AethereoStick	130	5.95	Therabreathe® AethereoStick	543	5.95
Spearmint AethereoStick	045	5.95	Tum-Ease AethereoStick	505	5.95
Sweet Orange AethereoStick	898	5.95	Un-Nausea AethereoStick	694	5.95
			VetiRose AethereoStick	285	5.95
			Yoga AethereoStick	649	5.95

AETHEREO®STICK SETS

Travel Trio AethereoSticks - Therabreathe, Tranquility (Calm), and Travel Ease (Un-Nausea)	168	16.50
Set of Six AethereoStick Blends - Breathe, Calm, Citrus, Un-Nausea, VetiRose, and Yoga	131	29.95

Aethereo® Massage Oils offer superior skin-feel, stability, and purity.

Aethereo Massage Oils contain only pure essential oils in a Fractionated Coconut Oil (FCO) base. FCO has no discernible aroma of its own, and is the most stable of all carrier oils. These highly stable formulations will not oxidize over the life of the product.

Aethereo Massage Oils offer pure, clean aromas unhindered by extraneous smells often found in other carrier oils. Their superior 'glide' means less is used during each massage.

2% Aethereo Essential Oil in FCO for Massage: Frankincense, Ginger, Lavender, Mandarin, Marjoram, Roman Chamomile, Spearmint, and Sweet Orange.

2% Aethereo Essential Oil Blends in FCO for Massage: Ache-Ease, Calm, Therabreathe, and Tum-Ease.

1 fl. oz (30 ml): \$7.53 2 fl. oz (60 ml): \$10.39
 4 fl.oz (120 ml): \$12.98 8 fl. oz (240 ml): \$16.23

Plain FCO and Clear Jojoba Oil also available.



Enjoy Rain Bath Mineral Salts for their soothing aromas and luxuriant, skin-softening benefits.

Enrich your bathing experience by adding quality, water-soluble, pulverized mineral salts to your bath. Said to improve cleansing by softening the water, they allow less use of soap. Soap removes skin oils, so using less is better for the skin. Thermal bathing increases the flow of oxygen-rich blood throughout the body bringing improved nourishment to vital organs and tissues. Heat relaxes tense muscles, while the mineral salts in the water can contribute to the psychological healing process. Rain Bath Mineral Salts are carefully formulated with the finest quality selected salts of sodium, magnesium, and potassium. Enhanced with pure Aethereo essential oils they heighten the bathing experience through healthful olfactory enjoyment.

Single-Use Package 2.5 oz (70 gm):

Calm Blend, Citrus Blend, Lavender: \$2.40 each.
 Unscented \$1.86 each.

Box of 12 Single-Use Packages 2.5 oz (70 gm):

Calm Blend, Citrus Blend, or Lavender: \$28.80

Sample Box of 12 Single-Use Packages 2.5 oz (70 gm):

3 each Calm Blend, Citrus Blend, Lavender, and Unscented \$28.80.

Box of 12 Unscented Single-Use Packages 2.5 oz (70 gm) \$22.30



Order online at www.plantextractsinc.com or call 877-999-4236.

H2EO® and Aethereo® Everywhere Diffusers offer the ultimate in safe, economical, and efficient essential oil diffusion.



Light and compact, the H2EO Ultrasonic Diffuser weighs less than one pound and is approximately 4" high and 7" in diameter. It runs quietly with safe, low-voltage direct current through the lightweight, compact, energy efficient switch-mode power adapter. Diffusers and accessories available online.



Aethereo's Everywhere Travel Fan Diffuser is just 3.5" in diameter, 2.5" in height, and weighs less than four ounces. Take it with you everywhere as it runs for 8-12 hours on two AA batteries, or can be powered with USB options. Diffusers and accessories available online.

Our Environment



As distributors of pure natural plant oils and manufacturers of the means to safely and efficaciously use them, we recognize that our organizations have both a direct and indirect impact on the environment. We believe that active management of these areas is a fundamental aspect of sound business practice. A core principle of our 'Right Use of Essential Oils' is that less is more. Use of the least amount of essential oil to accomplish a particular wellness objective benefits not only the recipient, but just as importantly, our environment.

Let's look at simple things that can be done in our immediate environment to make a positive difference to the way in which we live and interact with our planet. For example, when using essential oils mixed with a carrier oil for massage, use the least amount possible to enable comfortable massage. Any excess ends up being flushed down the drain after bathing or washing towels and clothing, and has an environmental impact. Consider making that impact as small as possible.

Safe Use of Essential Oils

- ✓ Consider diffusion and inhalation as the most efficient and economical ways to enjoy essential oils and essential oil blends.
- ✓ Use only pure essential oils or blends from a reputable source.
- ✓ Avoid contact with eyes and mucous membranes.
- ✓ Do not use undiluted essential oils on the skin.
- ✓ Intended for external and aromatic use only.
- ✓ Do not take essential oils orally.
- ✓ Keep all essential oils out of the reach of children.
- ✓ Consult a qualified professional regarding questions involving children, pets, pregnancy, medical conditions, and medications.
- ✓ The use of essential oils should not be viewed as a substitute for professional care. If any health problem arises, seek medical advice.
- ✓ Use cold-pressed citrus oils with caution, as photosensitivity may result.
- ✓ Test for sensitivities. Discontinue use if any adverse reactions occur, such as skin reddening, dry skin, or itchiness.
- ✓ Store essential oils and blends safely, in a cool, dark place, bottles upright and securely capped.

SUGGESTED LEVELS OF USE FOR ESSENTIAL OILS AND ESSENTIAL OIL BLENDS:

In a diffuser add 5 to 7 drops; in massage add 2% essential oil to a quality carrier oil.

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