

Aethereo® Essential Oils and Blends



ACHE-EASE

Essential Oil Blend – Stock # 444 – \$30.10

Ache-Ease is an Aethereo essential oil blend of Marjoram (*Origanum majorana*), *Melaleuca* species, Copaiba (*Copaifera officinalis*), Frankincense (*Boswellia carterii*), Peppermint (*Mentha x piperita*), Black Pepper (*Piper nigrum*), Ginger (*Zingiber officinalis*), Roman Chamomile (*Chamæmelum nobile*), and Helichrysum (*Helichrysum italicum*), formulated for symptoms of general aches and discomfort. (Also available in the *Ache-Ease AethereoStick*, and *Massage Oil*)

ANISE

Essential Oil – Stock # 966 – \$13.60

Anise (*Pimpinella anisum*) - Its soothing aromatic properties give high aroma impact, so it can be used at very low concentrations.

APPETITE

Essential Oil Blend – Stock # 574 – \$16.50

Appetite is a deliciously stimulating Aethereo essential oil blend of Sweet Fennel (*Foeniculum vulgare* Mill. var. *dulce*), Cinnamon (*Cinnamomum zeylanicum*), Caraway (*Carum carvi*), Basil (*Ocimum basilicum*), and Lime (*Citrus aurantifolia*), with constituents known to help enhance healthful appetite. (Also available in the *Appetite AethereoStick*)

BERGAMOT

Essential Oil – Stock # 669 – \$13.05

Bergamot (*Citrus bergamia*) essential oil is widely regarded for its distinctive, soothing, citrusy aroma and wide range of uses, including its reputation to help uplift mood. (Also available in the *Bergamot AethereoStick*, and *Massage Oil*)

BLACK PEPPER

Essential Oil – Stock # 515 – \$15.15

Black Pepper (*Piper nigrum*) - Best known as a spice and flavoring agent, and appropriately diluted to create a warming sensation. (Also available in the *Quit AethereoStick*)

BLUE CYPRESS

Essential Oil – Stock # 019 – \$43.85

Blue Cypress (*Callitris intratropica*) - Woody, smoky fragrance with similarities to Sandalwood oils, Guaiacwood oil, vetiver, and some of the cedarwood oils. Properties similar to Blue Chamomile oil, but with a much more grounding character.

BLUE GUM EUCALYPTUS

Essential Oil – Stock # 214 – \$11.90

Blue Gum Eucalyptus (*Eucalyptus globulus*) - High in cineole, up to 90%, which gives its characteristic note.

BLUEMEL

Essential Oil Blend – Stock # 212– \$17.00

Combines the therapeutic benefits of the *Melaleuca* species with the unique properties of Blue Cypress.

BREATHE (Niaouli Melablend)

Essential Oil Blend – Stock # 519 – \$13.75

This invigorating, open-air, forest-fresh Aethereo essential oil blend of *Melaleuca* species including Niaouli (*Melaleuca quinquenervia* cineole chemotype) and nerolidol (*Melaleuca quinquenervia* chemotype N) can be helpful to support sinus and respiratory wellness. (Also available in the *Breathe AethereoStick*)

CALM

Essential Oil Blend – Stock # 377 – \$23.55

This aromatic combination of Frankincense (*Boswellia carterii*), with the woody notes of Blue Cypress (*Callitris intratropica*), the warm fragrance of fine Lavender (*Lavandula angustifolia*), and the subtle floral notes of nerolidol (*Melaleuca quinquenervia* chemotype N) creates an Aethereo essential oil blend to support calm, ease, and an enhanced feeling of well-being. (Also available in the *Calm AethereoStick*, *Bath Salts*, *Massage Oil*, and *Multi-Purpose Spray*)

CEDARWOOD

Essential Oil – Stock # 327– \$12.45

Cedarwood (*Juniperus virginiana*) - Slightly sweet, woody aroma, described as calming and soothing.

CITRUS

Essential Oil Blend – Stock # 315 – \$13.60

Aethereo's uplifting Citrus essential oil blend is a beautifully balanced, refreshing combination of popular species of Citrus – Sweet Orange (*Citrus sinensis*), Grapefruit (*Citrus paradisi*), and Lemon (*Citrus limon*) – plus nerolidol (*Melaleuca quinquenervia* chemotype N). Citrus oils are universally noted for their ability to lift the spirits and enhance mood in people of all ages. (Also available in the *Citrus AethereoStick*, *Bath Salts*, *Massage Oil*, and *Multi-Purpose Spray*)

CLARY SAGE

Essential Oil – Stock # 461– \$15.40

Clary Sage (*Salvia sclarea*) - Described as calming, and as an aid to restful sleep.

CLOVE

Essential Oil – Stock # 631– \$16.50

Clove (*Eugenia caryophyllata*) - Noted for its powerful warm, spicy, woody aroma.

COMFORT

Essential Oil Blend – Stock # 012– \$18.60

Comfort is an Aethereo essential oil blend of Mandarin (*Citrus reticulata*), Lavender (*Lavandula angustifolia*), and Roman Chamomile (*Chamæmelum nobile*), to support feeling strong, safe, and cared for. (Also available in the *Comfort AethereoStick*, *Massage Oil*, and *Multi-Purpose Spray*)

COPAIBA

Essential Oil – Stock # 488– \$9.35

Copaiba (*Copaifera officinalis*) - Its gentle, woody, sweet aromatic profile encourages relaxation.

EUCALYPTUS RADIATA

Essential Oil – Stock # 412– \$13.00

Eucalyptus radiata (*Eucalyptus radiata* var. *australiana*) - Best of the therapeutic Eucalyptus oils and characterized by a crisp, clean cineole aroma lifted by citrus/floral backnotes.

FIR NEEDLE

Essential Oil – Stock # 402– \$18.70

Fir Needle (*Abies sibirica*) - Fresh, sweet/fruity, balsamic and coniferous scent profile - described as purifying, and supportive to the respiratory system.

FRANKINCENSE

Essential Oil – Stock # 780 – \$31.20

Frankincense essential oil (*Boswellia carterii*) is distilled from the resin of the trunk of the tree, and is among the most revered of essential oils for its physical and spiritual healing properties. Its distinctive aroma supports feelings of peace, relaxation, and overall well-being. (Also available in the *Frankincense AethereoStick*, and *Massage Oil*)

GINGER

Essential Oil – Stock # 768 – \$18.70

Ginger (*Zingiber officinalis*) has been universally used for its wondrous combination of culinary and healing properties. The distinctive, pungent, spicy essential oil is

renowned for its ability to calm stomach distress and reduce general discomfort. (Also available in the *Ginger AethereoStick*, and *Massage Oil*)

GRAPEFRUIT

Essential Oil – Stock # 889– \$13.60

Grapefruit (*Citrus paradisi*) - One of the Citrus essential oils universally esteemed as having sunny, mood-enhancing aromas.

HELICHRYSUM

Essential Oil – Stock # 266– \$147.30

Helichrysum (*Helichrysum italicum*) - Noted for its herbaceous, honey-like, floral aroma, and described as calming and helpful in improving moods.

ITCH-EASE

Essential Oil Blend – Stock # 581 – \$21.65

A soothing Aethereo essential oil blend of *Melaleuca* species, Copaiba, German Chamomile, and Roman Chamomile. Recommended as a 5% maximum dilution in a massage oil or lotion, for topical application to minor skin itches or insect bites. (Also available in the *Itch-Ease Spray*)

KUNZEA

Essential Oil – Stock # 265 – \$17.60

Kunzea (*Kunzea ambigua*) - Pleasant scent with clean, fresh, invigorating undertones. Its sweet aroma may be helpful in relaxation.

LAVENDER

Essential Oil – Stock # 617 – \$15.50

Lavender (*Lavandula angustifolia*) has a warm, rounded, floral aroma that can be soothing and calming. It supports relaxation during stressful times, and can be helpful to enhance sleep. Research shows its usefulness for symptoms of head and body discomfort. (Also available in the *Lavender AethereoStick*, *Bath Salts*, *Massage Oil*, and *Multi-Purpose Spray*)

LEMON

Essential Oil – Stock # 457 – \$11.40

Lemon (*Citrus limon*) is universally recognized for its clean, pure, bright aroma, and its ability to lift the spirits and enhance mood in people of all ages.

LEMON EUCALYPTUS

Essential Oil – Stock # 811 – \$10.65

Lemon Eucalyptus (*Eucalyptus citriodora*) - Owes much of its distinctive lemon fragrance to citronella, used for many years as a natural insect repellent.

LEMON IRONBARK

Essential Oil – Stock # 016 – \$13.35

Lemon Ironbark (*Eucalyptus staigeriana*) - The most subtle, rounded, lemon aroma of them all, with a much less aggressive aroma profile than Lemon Myrtle or Lemon Tea Tree.

LEMON MYRTLE

Essential Oil – Stock # 613 – \$14.45

Lemon Myrtle (*Backhousia citriodora*) - Its clean, tangy aroma is used in perfumery and aromatherapy applications. Extraordinarily fragrant, with a dramatic lemon scent.

LEMON TEA TREE

Essential Oil – Stock # 610 – \$11.40

Lemon Myrtle (*Leptospermum petersonii*) - Comprises citral and citronellal, with a more appealing "lemony" scent than citronella or lemongrass.

MANDARIN

Essential Oil – Stock # 728 – \$12.75

Mandarin (*Citrus reticulata*) has a warm, sweet, floral aroma. Research shows it can be helpful with stomach distress, restlessness, low mood, fatigue, and enhances relaxation and sleep.

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MARJORAM

Essential Oil – Stock # 911 – \$13.15

Marjoram (*Origanum majorana*) offers a green and herbaceous healing aroma. It can be helpful as an aid to relaxation, mood, and physical comfort.

MELABLEND

Essential Oil Blend – Stock # 410 – \$13.15

Combines the aromatherapeutic benefits of the *Melaleuca* species for an optimum efficacy base blend. An Aethereo essential oil blend combining the aromatherapeutic benefits of the *Melaleuca* species.

NEROLINA

Essential Oil – Stock # 419 – \$12.00

Nerolina (*Melaleuca quinquenervia linalool/nerolidol* chemotype) is steam distilled from the leaves and terminal branchlets. Equal parts of linalool and nerolidol give this oil a clean, green, mildly woody aroma, with distinctive lavender/lilac notes.

NIAOULI

Essential Oil – Stock # 211 – \$11.10

Niaouli (*Melaleuca quinquenervia-cineole* chemotype) A clean, expansive aroma with cleansing, tangy notes, milder and sweeter than high-cineole *Eucalyptus* oils. Its main uses are in aromatherapy and cosmetics, providing a beautiful open-air, forest-fresh aroma.

NORTHWOODS

Essential Oil Blend – Stock # 049 – \$20.85

This evocative and invigorating Aethereo essential oil blend of Black Spruce (*Picea mariana*), Balsam Fir (*Abies balsamea*), Fir Needle (*Abies sibirica*), Vetiver (*Vetiveria zizanioides*), White Cypress (*Callitris glaucophylla*), and nerolidol (*Melaleuca quinquenervia* chemotype N) offers a deep connection to the boreal forest. (Also available in the *Northwoods AethereoStick*, and *Multi-Purpose Spray*)

PATCHOULI

Essential Oil – Stock # 259 – \$20.85

Patchouli (*Pogostemon cablin*) - Gathering depth and richness with aging, its woody, powdery, incense-like notes offer dark complexity and fixative properties, with grounding, centering attributes.

PEACE (Lavender BlueMel)

Essential Oil Blend – Stock # 564 – \$17.80

Lavender BlueMel is an Aethereo essential oil blend of finest quality Lavender (*Lavandula angustifolia*), aromatic Blue Cypress (*Callitris intratropica*), and the subtle, round floral notes of nerolidol (*Melaleuca quinquenervia* chemotype N), that helps to promote a sense of peace and well-being. (Also available in the *Peace AethereoStick*)

PEPPERMINT

Essential Oil – Stock # 815 – \$10.70

Peppermint (*Mentha x piperita*) essential oil is widely used to help soothe digestive symptoms. Uplifting, yet calming because of its refreshing aroma, it may also be helpful with congestion, head discomfort, and stress. (Also available in the *Peppermint AethereoStick*, and *Massage Oil*)

PNEUMOBLEND

Essential Oil Blend – Stock # 389 – \$18.65

Pneumoblend is focused on enhancing respiratory wellness. With *Melaleuca* species, Farnesol, Lime, Monarda, Clove Bud, and Thyme *linalool* CT, its familiar aromatic profile, and this combination of constituents with its distinctive notes, will appeal to many. (Also available in the *Pneumoblend AethereoStick*, and *Multi-Purpose Spray*)

RAVENSARA

Essential Oil – Stock # 161 – \$18.80

Ravensara (*Agathophyllum aromatica*) - True Ravensara is regarded as uplifting and clarifying when diffused, and when diluted for massage, warms muscles and joints.

RESPIR-EASE

Essential Oil Blend – Stock # 263 – \$18.65

This refreshing, uplifting Aethereo essential oil blend

is formulated to be of benefit in enhancing upper respiratory health. Including Niaouli (*Melaleuca quinquenervia cineole* chemotype), *Eucalyptus* (*Eucalyptus radiata* var. *australiana*), Marjoram (*Origanum majorana*), and other essential oils known to support respiratory wellness. (Also available in the *Respir-Ease AethereoStick*, *Massage Oil*, and *Multi-Purpose Spray*)

ROMAN CHAMOMILE

Essential Oil – Stock # 834 – \$46.15

Roman Chamomile (*Chamaemelum nobile*) essential oil is distilled from the flowers of the plant, and has an herbaceous, somewhat sweet aroma. It is widely used to soothe and calm mind and body, and to support restful sleep. (Also available in the *Roman Chamomile AethereoStick*, and *Massage Oil*)

ROSE Absolute - 2ml - Stock # 109 – \$37.20

ROSE Absolute - 5ml - Stock # 116 – \$92.90

Rose Absolute (*Rosa damascena*) is the most widely known and loved flower extract. It is a very concentrated representation of the essence of the flower. Rose is traditionally used to express love, and to enhance a sense of calm and well-being. (Also available in the *Rose AethereoStick*, *Massage Oil*, and *Multi-Purpose Spray*)

ROSE GERANIUM

Essential Oil – Stock # 713 – \$13.65

Rose Geranium (*Pelargonium graveolens*) - Shares several of the same constituents as Rose, hence the somewhat similar aroma and aromatic properties.

ROSEMARY-C

Essential Oil – Stock # 317 – \$12.15

Rosemary-C (*Rosmarinus officinalis-cineole* chemotype) - Cineole-rich essential oil, traditionally associated with remembrance and memory enhancement; said to enhance mental concentration when diffused.

ROSEMARY-V

Essential Oil – Stock # 362 – \$20.05

Rosemary-V (*Rosmarinus officinalis-verbenone* chemotype) - Verbenone-rich with a pleasant, soothing aroma; when diluted lends itself to use as a massage oil.

SPEARMINT

Essential Oil – Stock # 010 – \$10.70

Spearmint essential oil (*Mentha spicata*) is commonly used to help relieve symptoms of stomach distress. Its aroma can induce a calming, relaxing effect on the body, which can help to reduce discomfort. (Also available in the *Spearmint AethereoStick*, and *Massage Oil*)

SWEET BASIL

Essential Oil – Stock # 679 – \$15.10

A member of the mint family, Sweet Basil (*Ocimum basilicum*) is noted for its fresh, herbaceous aroma. It has historically been used to lift mood, help with discomfort, and support digestive and respiratory health. (Also available in the *Sweet Basil AethereoStick*)

SWEET FENNEL

Essential Oil – Stock # 655 – \$11.10

Sweet Fennel (*Foeniculum vulgare* Mill var. *dulce*) - Noted for its strong, sweet, slightly spicy, anise-like aroma, uplifting and supportive of digestive and respiratory health.

SWEET ORANGE

Essential Oil – Stock # 867 – \$9.85

Sweet Orange (*Citrus sinensis*) essential oil has a sunny, cheery aroma. It is widely recognized as a mood lifter, and is also reputed to enhance appetite. (Also available in the *Sweet Orange AethereoStick*, and *Massage Oil*)

TEA TREE PREMIUM SELECT

Essential Oil – Stock # 818 – \$9.95

Tea Tree Premium Select (*Melaleuca alternifolia*) - A uniquely defined combination of monoterpenes, sesquiterpenes and terpene alcohols with outstanding therapeutic properties and a long history of safe and effective use.

THERABREATHE®

Essential Oil Blend – Stock # 529 – \$19.85

This clarifying and invigorating Aethereo essential oil

blend of *Melaleuca* species comprises open-air, forest-fresh Niaouli (*Melaleuca quinquenervia cineole* chemotype), and the distinctive Rosemary-C (*Rosmarinus officinalis cineole* chemotype), said to aid mental focus. Helpful in support of respiratory wellness. (Also available in the *Therabreathe AethereoStick*, *Massage Oil*, and *Multi-Purpose Spray*)

THYME

Essential Oil – Stock # 693 – \$16.45

Thyme (*Thymus vulgaris*) - As a healing herb, Thyme has a long history in many cultures, from use in religious cleansing, to its current wide utilization for culinary purposes.

TRANSITIONS

Essential Oil Blend – Stock # 029 – \$18.85

Transitions is an Aethereo essential oil blend of finest Lavender (*Lavandula angustifolia*), Clary Sage (*Salvia sclarea*), and Frankincense (*Boswellia carterii*), to offer resilience and comfort through life's many transitions. (Also available in the *Transitions AethereoStick*, and *Massage Oil*)

TUM-EASE

Essential Oil Blend – Stock # 482 – \$14.85

Tum-Ease is a soothing Aethereo blend of essential oils of Ginger (*Zingiber officinalis*), Lime (*Citrus aurantifolia*), Lemon (*Citrus limon*), Anise (*Pimpinella anisum*), nerolidol (*Melaleuca quinquenervia* chemotype N), Peppermint (*Mentha x piperita*), and Spearmint (*Mentha spicata*), all traditionally used to help with symptoms of digestive distress. (Also available in the *Tum-Ease AethereoStick*, and *Massage Oil*)

UN-NAUSEA/TRAVEL (Ginger Melablend)

Essential Oil Blend – Stock # 667 – \$18.15

Un-Nausea is a soothing Aethereo essential oil wellness blend of Ginger (*Zingiber officinalis*), Peppermint (*Mentha x piperita*), Spearmint (*Mentha spicata*), Anise (*Pimpinella anisum*), Citrus (*Citrus limon*), and nerolidol (*Melaleuca quinquenervia* chemotype N). It is formulated with a unique balance of essential oils with a history of use for stomach distress and general unwellness. (Also available in the *Un-Nausea/Travel AethereoStick*, and *Un-Nausea Massage Oil*)

VETIROSE PEACE

Essential Oil Blend – Stock # 261 – \$20.45

VetiRose Peace is a heart-centered Aethereo essential oil wellness blend of Blue Cypress (*Callitris intratropica*), Vetiver (*Vetiveria zizanioides*), Rose Absolute (*Rosa damascena*), and nerolidol (*Melaleuca quinquenervia* chemotype N). This exquisite combination of earthy, woody, and floral notes is bound together by the finest Rose Absolute. (Also available in the *VetiRose Peace AethereoStick*)

VETIVER

Essential Oil – Stock # 062 – \$27.35

Vetiver (*Vetiveria zizanioides*) - With its renowned earthy, smoky fragrance, this viscous oil is considered by many to be grounding, calming, and centering.

White Cypress

Essential Oil – Stock # 217 – \$18.86

White Cypress oil is distilled from the wood of *Callitris glaucophylla*, which grows prolifically in the central latitudes of Australia. Its distinctive sweet aroma dries down to the woody finish typical of the *Callitris* species.

YLANG YLANG

Essential Oil – Stock # 303 – \$17.35

Ylang Ylang (*Cananga odorata*) - Its earthy, sweet, musky aroma is reputed to induce euphoric deep relaxation and well-being.

YOGA (Rosalina BlueMel)

Essential Oil Blend – Stock # 618 – \$17.60

A subtle, gently calming Aethereo essential oil blend of Blue Cypress (*Callitris intratropica*), Rosalina (*Melaleuca ericifolia*), and nerolidol (*Melaleuca quinquenervia* chemotype N), often used to support meditation and sleep. (Also available in the *Yoga AethereoStick*)